

### Breakfast Meal Prices

Student: \$1.95  
Reduced: \$.30  
Adult: \$2.10

Free and Reduced priced meals are provided for eligible students. For an application visit the guidance office or [www.cttech.org.school-lunch/index.htm](http://www.cttech.org.school-lunch/index.htm)

### Save Time at the Line!

Save time by not having to handle money!

Money on your account can go towards **meals** and/or **a la carte items**

Prepay in the business office before lunch time.

Cash and checks are accepted.  
Make checks payable to  
**Treasurer, State of Connecticut**

For questions and/or comments about the School Breakfast & Lunch Program, please contact the CTHSS Nutrition & School Meals @ [cthssfoodservice@ct.gov](mailto:cthssfoodservice@ct.gov).

# CTHSS Breakfast Menu

2009-2010 Cycle Menu



*Breakfast Menu\**  
*Daily Healthy Offerings:*  
Flavored & Plain Milk  
Assorted 100% Fruit Juices  
Assorted Fresh Fruit & Canned Fruit  
Bagel or English Muffin  
Assorted Muffins  
Assorted Cereals  
Assorted Yogurts  
Assorted Cereal Bars  
*One hot item may be offered:*  
Breakfast Sandwiches  
Breakfast Burritos  
Pancakes, Waffles  
French Toast



*Students must take a minimum of three of the four components served to constitute as a breakfast meal.*

*\*Breakfast is served 20 minutes before the start of the school day.*