



April 9, 2021

Dear CTECS families and students,

With April Break approaching, I want to address COVID-19 travel guidelines. CTECS strongly recommends that if you plan to travel over break, that you follow the Department of Public Health (DPH) and [Centers for Disease Control \(CDC\) guidance](#) below. We are working hard to fully reopen our schools, and a travel-related COVID outbreak could set us back significantly. I urge you to do your part in keeping your school community safe. With that in mind, please consider the following if you are traveling in the coming weeks.

Individuals or families who do travel should follow CDC best-practice quarantine and testing procedures upon return, including:

- Get tested 3-5 days after your trip and stay home and self-quarantine for a full 7 days after travel, even if your test is negative.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Continue to monitor for symptoms during all quarantine periods.

Individuals or families choosing not to observe quarantine should at a minimum:

- Get tested for COVID-19 after you return.
- Stay out of school until they receive a negative test result back from the laboratory.
- Be acutely and continuously aware of any symptoms of COVID-19 that you or your family members may develop in the two weeks after travel.
- Be prepared to immediately quarantine if/when symptoms develop.

For fully vaccinated individuals:

Current CDC guidance advises when a traveler is fully vaccinated, there is no need to quarantine. However, you should continue to monitor the CDC guidance for regular updates.

Jeff Wihbey, Superintendent