



Daily Entrée Options: Assorted Sandwiches and Salads



August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Each meal includes:

Up to 2 fruit choices
Up to 2 veggie choices

Entrée
(Grains/Protein)
Milk Choice

DID YOU KNOW?

ALL students will receive meals this year AT NO COST!

Just have your Student ID with bar code when you come through the serving line—no questions, no cash needed!

Spicy or Regular Chicken Patty on Bun
Seasoned Potato Wedges
Grape Tomato Cup

Cheeseburger or Hamburger on Bun
Baked Crinkle Cut Fries
Steamed Broccoli with Garlic

