

CTECS Breakfast Menu

Choice of 1

Cinnamon Roll

Banana Bread Slice

PB & J Uncrustables

Assorted Fruidels

Egg Sandwiches

Mini Pancakes or Waffles

Breakfast Bar

Choice of 2

Assorted Muffins

Yogurt

Cereal or Granola

Cheese stick

All breakfast choices come with Milk, **Fruit and Juice.**

(Students must take a fruit or juice with breakfast)

Items vary by school. Hot breakfast items may not be available at all schools.

This institution is an equal opportunity provider

Menu subject to change