CTECS Breakfast Menu

Choice of 1

Cinnamon Roll
Banana Bread Slice
PB & J Uncrustables
Assorted Frudels
Egg Sandwiches
Mini Pancakes or Waffles
Breakfast Bar

Choice of 2

Assorted Muffins
Yogurt
Cereal or Granola
Cheese stick

All breakfast choices come with Milk, Fruit and Juice.
(Students must take a fruit or juice with breakfast)

Items vary by school. Hot breakfast items may not be available at all schools.

This institution is an equal opportunity provider
Menu subject to change