# MARCH 2022
## Ellis Technical High School

### Monday
- **1.** Yang’s BBQ Teriyaki Chicken Over Steamed Rice
- **2.** Honey Glazed Carrots
- **3.** Fruit Choices
- **4.** Milk Choice

### Tuesday
- **5.** Crispy or Spicy Chicken Patty on Bun
- **6.** Potato Wedge Fries
- **7.** Fruit Choices
- **8.** Milk Choice

### Wednesday
- **9.** Cheese Filled Bread Sticks
- **10.** Tomato Soup
- **11.** Fruit Choices
- **12.** Milk Choice

### Thursday
- **13.** Pasta with Meat Sauce
- **14.** Garlic Knot Roll
- **15.** Seasoned Green Beans
- **16.** Fruit Choices
- **17.** Milk Choice

### Friday
- **18.** Cheese Pizza with Assorted Toppings
- **19.** Mixed Garden Salad
- **20.** Fruit Choices
- **21.** Milk Choice

### Skills USA Day
- **22.** No Regular Classes

### Daily Entrée Options
- May Include Assorted Sandwiches and Chef Salads with Roll
- Fruit Options Include Fresh, Canned in Light Syrup or Juice, Dried and 100% Fruit Juice
- Milk Choices Include: 1% White, Fat Free Chocolate & Lactaid
- Assorted Fresh Veggie Cups Daily

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This institution is an equal opportunity provider

Due to unprecedented supply and delivery issues this menu is subject to change