



# MARCH 2024

## CT Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST!

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Sloppy Joe on Roll **4**  
Mixed Vegetables  
Sweet Potato Crinkle Fry  
Fruit Choices  
Milk Choice

Breaded Chicken Strips **5**  
Garlic Knot Roll  
Roasted Butternut Squash  
Kale and Apple Salad  
Fruit Choices Milk Choice

Lasagna Rollups **6**  
Steamed Broccoli  
Tuscan White Beans  
Fruit Choices  
Milk Choices

Chicken Cacciatore **7**  
Steamed Rice  
Seasoned Vegetables  
Fresh Baby Carrots  
Fruit Choices Milk Choice

Nardone's French **1**  
Bread Pizza  
Mixed Garden Salad  
Roasted Broccoli  
Fruit Choices Milk Choice

Chicken Quesadilla Pizza **8**  
Mixed Garden Salad  
Buffalo Cauliflower  
Fruit Choices  
Milk Choice

Hamburger/Cheeseburger **11**  
On Bun  
Seasoned Potato Wedges  
Coleslaw  
Fruit Choices Milk Choice

Beef Tacos **12**  
Cuban Black Beans  
Pico de Gallo  
Fruit Choices  
Milk Choice

Corn Dog Nuggets **13**  
Marinated Broccoli Salad  
Fresh Baby Carrots  
Fruit Choices  
Milk Choice

Chicken, Corn & **14**  
Mashed Potato Bowl  
Steamed Green Beans  
Honey Biscuit  
Fruit Choices Milk Choice

Breaded Mozzarella Sticks **15**  
w/ Marinara Sauce  
Warm Dinner Roll  
Mixed Garden Salad  
Sautéed Zucchini & Tomatoes  
Fruit Choices Milk Choice

Buffalo Popcorn Smackers **18**  
Carrot and Celery Sticks  
Rice Pilaf  
Confetti Corn Salad  
Fruit Choices Milk Choice

Stuffed Shells **19**  
Garlic Broccoli  
Cheesy Breadstick  
Sweet Green Peas  
Fruit Choices Milk Choice

**Brunch for Lunch:** **20**  
Stuffed Hash Brown  
Waffle  
Fresh Baby Carrots  
Tomato/Basil Salad  
Fruit Choices Milk Choice

Breaded Drumstick **21**  
Mashed Potatoes  
Kernel Corn  
Warm Dinner Roll  
Fruit Choices Milk Choice

**Skills USA! **22****  
**No School!**

Breaded Chicken Filet **25**  
On Bun  
Cucumber/Tomato Salad  
Oven Fries  
Fruit Choices Milk Choice

Beef Nachos **26**  
Mexican Street Corn  
Spanish Rice  
Fiesta Red Beans  
Fruit Choices Milk Choice

Sweet Thai Chili Chicken **27**  
Cilantro Lime Rice  
Sesame Soy Glazed Green Beans  
Honey Ginger Carrots  
Fruit Choices  
Milk Choice

**Baseball Opening Day!** **28**  
24 - Hot Dog  
9 - Popcorn  
18 - BBQ Baked Beans  
25 - Smiley Fries  
Fruit Choices Milk Choice

**Good Friday **29****  
**No School!**

Daily Entrée Options May Include Assorted Sandwiches and Chef Salads with Roll  
Fruit Options Include Fresh, Canned in Light Syrup or Juice, Dried, and 100% Fruit Juice  
Milk Choices Include: 1% White, Fat Free Chocolate, & Lactaid

*This institution is an equal opportunity provider*

Due to Unprecedented Supply and Delivery Issues This Menu is Subject to Changes