

Lunch

DECEMBER 2025  
Connecticut Technical Education & Career System

DID YOU KNOW? A balanced healthy breakfast is available to  
ALL students AT NO CHARGE every school morning. Get  
your day off to a great start with SCHOOL BREAKFAST!

MONDAY

1

Nardone's Cheese Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Marinated Broccoli  
Fruit Choices Milk Choice

8

Stuffed Crust Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Steamed Green Beans  
Fruit Choices Milk Choice

15

Cheese Pizza  
w/ Assorted Toppings  
Mixed Garden Salad  
Fresh Baby Carrots  
Fruit Choices Milk Choice

22

Mozzarella Bites  
w/ Marinara Sauce  
Buffalo Cauliflower  
Kale and Apple Salad  
Fruit Choices Milk Choice

29

TUESDAY

2

Beef and Cheese Nachos  
Spanish Rice  
Fiesta Red Beans  
Pico de Gallo  
Fruit Choices Milk Choice

9

Beef & Bean Chili  
Garlic Knot  
Honey Glazed Carrots  
Fruit Choices  
Milk Choices

16

Breaded Drumstick  
Mashed Potatoes  
Kernel Corn  
Honey Biscuit  
Fruit Choices Milk Choice

23

Chef's Choice  
Mixed Garden Salad  
Marinated Broccoli  
Fruit Choices  
Milk Choice

30

WEDNESDAY

3

Chicken Parm on Roll  
Potato Salad  
Confetti Corn Salad  
Fruit Choices  
Milk Choice

10

French Toast Sticks  
Turkey Sausage Links  
Home Fried Potatoes  
Fresh Baby Carrots  
Fruit Choices Milk Choice

17

Pulled Pork Carnitas  
Cilantro-Lime Rice  
Cuban Black Beans  
Mexican Street Corn  
Fruit Choices Milk Choice

24

Holiday Break  
Dec 24 – Jan 2  
No School!

31

THURSDAY

4

Buffalo Chicken Rice Bowl  
Popcorn Smackers, Rice,  
Steamed Broccoli Florets  
Honey Glazed Carrots  
Fruit Choices Milk Choice

11

Baked Potato Bar  
Chili, Cheese, Broccoli  
Garlic Knot Roll  
Steamed Rice  
Fruit Choices Milk Choice

18

Sliced Turkey in Gravy  
Over Whipped Potatoes  
Honey Glazed Carrots  
Corn Bread  
Fruit Choices Milk Choice

25

FRIDAY

5

Hamburger/Cheeseburger  
On bun  
Coleslaw  
Seasoned Potato Wedges  
Fruit Choices Milk Choice

12

Breaded Mozzarella Sticks  
w/ marinara Sauce  
Warm Dinner Roll  
Lemon Roasted Carrots  
Sauteed Zucchini & Tomatoes  
Fruit Choices Milk Choice

19

Breaded Chicken Filet  
On Bun  
Smiley Fries  
Roasted Butternut Squash  
Fruit Choices Milk Choice

26

