

Lunch

FEBUARY 2026 Connecticut Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning! Get your day off to a great start with SCHOOL BREAKFAST.

MONDAY

2

Nardone's Cheese Pizza
w/ Assorted Toppings
Mixed Garden Salad
Marinated Broccoli
Fruit Choices Milk Choice

9

Stuffed Crust Pizza
w/ Assorted Toppings
Mixed Garden Salad
Steamed Green Beans
Fruit Choices Milk Choice

16

Presidents' Day
No School!

23

Mozzarella Bites
w/ Marinara Sauce
Buffalo Cauliflower
Kale & Apple Salad
Fruit Choices Milk Choice

TUESDAY

3

Beef & Cheese Nachos
Spanish Rice
Fiesta Red Beans
Pico de Gallo
Fruit Choices Milk Choice

10

Beef & Bean Chili
Garlic Knot Roll
Honey Glazed Carrots
Fruit Choices
Milk Choice

17

Cheese Pizza
w/ Assorted Toppings
Mixed Garden Salad
Fresh Baby Carrots
Fruit Choices Milk Choice

24

Pasta w/ Meatballs
Steamed Broccoli Florets
Mixed Garden Salad
Fruit Choices
Milk Choice

WEDNESDAY

4

Chicken Parm on Roll
Potato Salad
Confetti Corn Salad
Fruit Choices
Milk Choice

11

French Toast Sticks
Turkey Sausage Links
Home Fried Potatoes
Fresh Baby Carrots
Fruit Choices Milk Choice

18

Pulled Pork Carnitas
Cilantro-Lime Rice
Cuban Black Beans
Mexican Street Corn
Fruit Choices Milk Choice

25

Grilled Cheese
Tomato Soup
Smiley Fries
Fruit Choices
Milk Choice

THURSDAY

5

Buffalo or BBQ Wings
Celery/Carrot Sticks
Rice & Beans
Onion Rings
Fruit Choices Milk Choice

12

Lincoln's Birthday
No School!

19

Breaded Drumstick
Mashed Potatoes
Kernel Corn
Honey Biscuit
Fruit Choices Milk Choice

26

Sloppy Joe on Roll
Cucumber/Tomato Salad
Tater Tots
Fruit Choices
Milk Choice

FRIDAY

6

Hamburger/Cheeseburger
On bun
Coleslaw
Seasoned Potato Wedges
Fruit Choices Milk Choice

13

No School!

20

Breaded Chicken Filet
On Bun
Smiley Fries
Roasted Butternut Squash
Fruit Choices Milk Choice

27

Breaded Chicken Strips
Garlic Knot Roll
Fresh Baby Carrots
Chickpea Salad
Fruit Choices Milk Choice

